

MARSHALSWICK COMMUNITY CENTRE SCHEDULE OF ACTIVITIES

	Time	Activity	Contact
Monday	9.10am - 3.00pm	Pre-School Playgroup	Nita Patel, Tel: 07421 321994
	5.30pm - 7.00pm	Brownies	Mrs Pearson, Tel: 01727 861158
	7.30pm - 9.30pm	Carpet Bowls	Les Fielding: 01727 831586
Tuesday	9.10am - 1.10pm	Pre-School Playgroup	Nita Patel, Tel: 07421 321994
	2.00pm - 4.00pm	Extend Exercise Class	Margaret Blackman, Tel: 01727 853001
	5.00pm - 7.00pm	Weightwatchers	Tel: 0844 507 5051
	7.00pm - 10.00pm (once a month)	St Albans Flower Club	Lesley Marsh, Tel: 07932 035033
Wednesday	9.10am - 1.10pm	Pre-School Playgroup	Nita Patel, Tel: 07421 321994
	2.30pm - 4.30pm	Penny Waterman School of Dance (Ballet/Ballroom)	Penny Waterman, Tel: 01727 858632
	4.30pm - 5.30pm	Tai Chi	Sally Golding, Tel: 01727 837697
	7.00pm - 10.00pm (1st, 3rd & 4th wk in month)	St Albans Art Society	Edward, Tel: 01727 862472
	7.00pm - 10.00pm (2nd wk in month)	St Albans City Women's Institute	Barbara Harvey, Tel: 01727 865631
Thursday	9.10am - 1.10pm	Pre-School Playgroup	Nita Patel, Tel: 07421 321994
	2.30pm - 3.30pm	Medau Movement	Rosemary Smith, Tel: 01727 864577
	6.00pm - 7.00pm	Rainbows	Louise Smellie, Tel: 01727 848101
	7.30pm - 10.00pm	Elizabethan Club	Mrs S Brooks, Tel: 01727 830639
Friday	9.10am - 3.00pm	Pre-School Playgroup	Nita Patel, Tel: 07421 321994
	6.00 - 7.00pm (not 3rd wk in month)	Yoga	Penny Prapatti, Tel: 07729 901874
	6.00pm - 10.00pm (3rd wk in month)	Alban Lacemakers	Mrs N Treacher, Tel: 01582 712646
Saturday	9.30am - 12noon	Penny Waterman School of Dance (Ballet/disco/jazz)	Penny Waterman, Tel: 01727 858632

Sunday	8.30am - 11.30am	Socatots (Soccer play for 1-5yrs)	Lauren, Tel: 07815 966099
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