

**MARSHALSWICK COMMUNITY CENTRE SCHEDULE OF ACTIVITIES**

	<b>Time</b>	<b>Activity</b>	<b>Contact</b>
<b>Monday</b>	9.10am - 12.10pm	Pre-School Playgroup	Fiona Donoghue, Tel: 07917 088711
	5.30pm - 7.00pm	Brownies	Mrs Pearson, Tel: 01727 861158
	7.30pm - 9.30pm	Carpet Bowls	Les Fielding: 01727 831586
<b>Tuesday</b>	9.10am - 1.10pm	Pre-School Playgroup	Fiona Donoghue, Tel: 07917 088711
	2.00pm - 4.00pm	Extend Exercise Class	Margaret Blackman, Tel: 01727 853001
	5.00pm - 7.00pm	Weightwatchers	Tel: 0844 507 5051
	7.00pm - 10.00pm (once a month)	St Albans Flower Club	Lesley Marsh, Tel: 07932 035033
<b>Wednesday</b>	9.10am - 1.10pm	Pre-School Playgroup	Fiona Donoghue, Tel: 07917 088711
	2.30pm - 4.30pm	Penny Waterman School of Dance (Ballet/Ballroom)	Penny Waterman, Tel: 01727 858632
	4.30pm - 5.30pm	Tai Chi	Sally Golding, Tel: 01727 837697
	7.00pm - 10.00pm (2nd wk in month)	St Albans City Women's Institute	Barbara Harvey, Tel: 01727 865631
<b>Thursday</b>	9.10am - 1.10pm	Pre-School Playgroup	Fiona Donoghue, Tel: 07917 088711
	2.30pm - 3.30pm	Medau Movement	Rosemary Smith, Tel: 01727 864577
	6.00pm - 7.00pm	Rainbows	Louise Smellie, Tel: 01727 848101
	7.30pm - 10.00pm	Elizabethan Club	Mrs S Brooks, Tel: 01727 830639
<b>Friday</b>	9.10am - 12.10pm	Pre-School Playgroup	Fiona Donoghue, Tel: 07917 088711
	1.30pm - 2.30pm	Zumba Gold (50+ years)	Jacqui McGrath, Tel: 07864 978666
	6.00pm - 10.00pm (2nd wk in month)	Alban Lacemakers	Mrs N Treacher, Tel: 01582 712646
<b>Saturday</b>	9.30am - 12noon	Penny Waterman School of Dance (Ballet/disco/jazz)	Penny Waterman, Tel: 01727 858632
<b>Sunday</b>	8.30am - 11.30am	Socatots (Soccer play for 1-5yrs)	Lauren, Tel: 07815 966099
	2.30pm - 4.30pm	Tai Chi	Erik Foxcroft, Tel: 01727 837697